



PREPARING MY HEART AND MIND

30 DAYS IN THE BOOK OF MORMON

PREPARING MYSELF TO HEAR WHAT THE LORD'S MESSAGE IS FOR ME
AS HE SPEAKS THROUGH HIS PROPHET JUNE 3RD 2018

THE GOAL IS NOT TO READ THE BOOK OF MORMON *in* 30 DAYS, THE GOAL IS TO LEARN FROM THE BOOK OF MORMON *for* 30 DAYS.

1- *Pray before you study.*

2- *Go slow.*

3- *Look for doctrines & principles Heavenly Father wants you to find.*

4- *Write what you learn.*

NEED SOME HELP? HERE ARE SOME AMAZING BOOK OF MORMON CHAPTERS:

☐ 1 NEPHI 1

The calling of a prophet. What do you learn about prophets who are called, and what they do once they are called?

☐ 1 NEPHI 8

The Tree of Life vision. What do you learn about what it takes to make it to, and STAY at the tree?

☐ 1 NEPHI 16

Nephi's broken bow. What did Nephi do when he broke his bow? How can you relate to this experience?

☐ 2 NEPHI 2

This chapter is packed with doctrine. What are some doctrines that touch your heart?

☐ 2 NEPHI 32

What do you learn about the gift of the Holy Ghost which YOU have?

☐ MOSIAH 2

King Benjamin's sermon. What touches your heart in this chapter?

☐ MOSIAH 3

King Benjamin's sermon. What do you learn about the Atonement of Jesus Christ?

☐ MOSIAH 4

King Benjamin's sermon. What transformation can happen to you when you truly come to the knowledge of the glory of God?

☐ MOSIAH 5

King Benjamin's sermon. Taking upon the name of Christ.

☐ ALMA 5

Alma's sermon he delivered to people in their cities. Are you prepared to meet God? How would YOU answer these questions?

☐ ALMA 32

What do you learn about faith? What can you do to grow your faith and testimony?

☐ ALMA 36

What is repentance? What is godly sorrow? Why does repentance change people? Why does repentance bring such joy?

☐ ALMA 48

Moroni prepares for war. What principles can you find that will help you fight a spiritual battle against Satan?

☐ ALMA 49

Moroni prepares for war. What principles can you find that will help you fight a spiritual battle against Satan?

☐ ALMA 56

Helaman's 2,000 stripling warriors fight with miraculous power. What can you learn from these faithful young men?

☐ HELAMAN 5

Amazing missionary chapter. What can you learn about why you need Christ?

☐ 3 NEPHI 1

What do you learn about a world that doesn't want to accept Christ?

☐ 3 NEPHI 8

Signs of Christ's death. Great destruction as signs are fulfilled. Why is it important that people in our day know these chapters?

☐ 3 NEPHI 11

Christ appears to the Nephites. How does this chapter make you feel? What do you think it was like?

☐ 3 NEPHI 17

Christ teaches the Nephites to ponder and pray. He and angels minister to the people. What does this chapter teach you?

☐ 4 NEPHI 1

What was it like when the Nephites had Zion? What do you think life was like for them? How can you be a Zion person?

☐ ETHER 12

What do you learn about faith and our weaknesses? What inspires you in this chapter?

☐ MORONI 7

Some of Moroni's final words. What teachings touch your heart and inspire you?

☐ MORONI 10

Moroni's final words. What teachings touch your heart and inspire you?



May 6

May 7

May 8

May 9

May 10

May 11

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May 17



May 18

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May 22

May 23

May 24

May 25

May 26

May 27

May 28

May 29

May 30

May 31

June 1

June 2

June 3

MY NOTES

FROM PRESIDENT NELSON'S WORLDWIDE BROADCAST:

WHAT I LEARNED ABOUT *who I am* AND WHO HEAVENLY FATHER NEEDS ME TO BE: