



WELCOME TO THE RED HEADED HOSTESS

Welcome! We're so glad you're here!

Each week we want to share an activity with you from our weekly kit. Designed to align with the Come, Follow Me curriculum, each weekly kit is a digital toolbox filled with things to help you study and teach with confidence.

Our goal is to help you and your family fall in love with the scriptures. Every week we include activities and study tools for every age, including study pages for adults, marking guides for teens and kids, and scripture activities for the whole family.

[FIND OUT MORE ABOUT OUR WEEKLY KITS](#)

Again, we are so glad you are here!

– Shannon

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FAMILY STUDY GUIDE

DOCTRINE & COVENANTS 37-40



DOCTRINE & COVENANTS 37

GATHER TO OHIO

Due to persecution, the Lord commanded the Saints to gather to Ohio. Many would have to leave their land, businesses, and families to move.

DOCTRINE & COVENANTS 37:1

MARK where and why the Saints were commanded to move.

DOCTRINE & COVENANTS 37:2

MARK what the Lord told the Saints to do before they left.

DOCTRINE & COVENANTS 37:4

MARK phrases that suggest the Saints had agency.

DISCUSS

What do you think it was like for these Saints to receive the commandment to leave their homes, families, businesses, etc. in order to gather to Ohio?

Would you do it? Why or why not?



WATCH

A FRIEND TO ALL

How can Elder Soares' counsel help strengthen your home and ward/branch? How could it have helped the Saints gathering to Ohio in 1831?

ChurchofJesusChrist.org | 4:00

BOOK OF MORMON CONNECTION: How are these Saints in 1831 like Lehi and his family when they were commanded to leave Jerusalem? 1 Nephi 2:1-4



DOCTRINE & COVENANTS 38

BE ONE

In January 1831, many Saints wondered why they would have to leave their homes and land. This revelation offers some of the Lord's reasons.

DOCTRINE & COVENANTS 38:11-13

MARK the state of the earth in 1831.

DOCTRINE & COVENANTS 38:31-33

HIGHLIGHT why the Lord commanded the Saints to move to Ohio.

DISCUSS

Who are some people in your family or ancestry that have sacrificed to follow the Lord?

What are ways the Lord commands us to gather today?



WATCH

LOVE IN OUR HEARTS

How does Sister Franco compare unity to a clock? How can we be more unified?

ChurchofJesusChrist.org | 3:14

BOOK OF MORMON CONNECTION: How does the Zion community in 4 Nephi 1:15-17 compare to what the Lord is commanding the Saints to create in Ohio?



DOCTRINE & COVENANTS 39-40

HEART CHECK

James Covell was a Methodist minister and became interested in the Church. Doctrine & Covenants 39 is direction for him and his life. Doctrine & Covenants 40 is a revelation, one day later, in response to Covell's rejection of the restored gospel message.

DOCTRINE & COVENANTS 39:8-14

MARK specific directions and promises the Lord gave James Covell.

DOCTRINE & COVENANTS 39:8 & 40:1

DISCUSS Compare James Covell's heart in these verses.

DOCTRINE & COVENANTS 40:1-3

MARK what happened to his heart.

DISCUSS

What do you learn from the experience of James Covell?
How can you tell how your heart is doing before the Lord?



WATCH

PRIDE KEEPS US FROM CHOOSING THE LORD

What does President Benson teach us about pride?

ChurchofJesusChrist.org | 0:45

BOOK OF MORMON CONNECTION: What is wrong with a hardened heart? Alma 12:10-13

THE ATONEMENT OF JESUS CHRIST

Watch this true experience of a woman dealing with incredibly unfair circumstances. What does she learn about the Savior and herself? What can we learn about Jesus when we go through hard things?



LIFE IS INCREDIBLY UNFAIR—IN OUR FAVOR

ChurchofJesusChrist.org | 13:32

UNITY OBJECT LESSON

God wants us to be one. We are each a child of God with unique gifts and talents. When a group of people loves God and one another and combines their talents together, they can make amazing things happen! In this object lesson, two different substances, each with unique properties and gifts, combine together to make something wonderful.

CLOUD DOUGH OBJECT LESSON:

Gather these items:

- cornstarch
- food coloring (optional)
- hair conditioner
- a bowl

Show the children the cornstarch and hair conditioner. Ask them if they know what each item does. Then, combine equal parts cornstarch and hair conditioner in the bowl. Add food coloring if you would like. Mix well. A soft dough should form. If it is too wet, add more cornstarch. If it's too sticky, add more conditioner. It should form a cool cloud dough that is soft and fun to play with. Talk with the children about how this relates to unity and a Zion people.