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1- You are using a recent version of Adobe Acrobat PDF Reader. This is the most universal PDF reader. If you have a MAC, you may be using a different PDF reader and may have issues reading PDFs. Adobe Acrobat PDF Reader is available free online.

2- If you are having issues with pages being cut off, then as you select "print" and the print dialogue box pops up, check the box "fit".

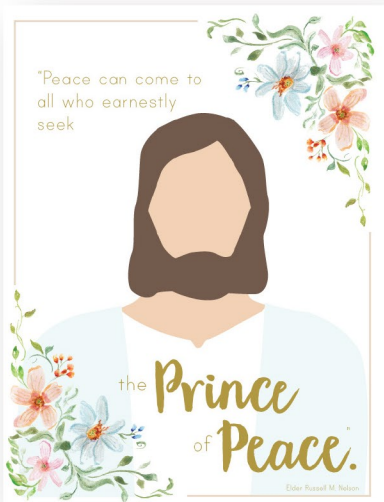
PRINT SUGGESTIONS: Many printers have a "borderless" option which will print from edge-to-edge. You can print this way by using the borderless option with the "fit" option selected. Doing that will print the pages with no margins so that you don't have to cut the edges off of each page. From the Adobe Print screen the "fit" option is found under the "Page Size & Handling." section and the "borderless" option is found under the "page setup" button if your printer has this functionality.

PROFESSIONAL PRINTERS

Please show this to any professional printing services you may be using so they can know that we have given you permission to print this material.

#PRINCE_{of}PEACE

lesson ideas:



Lesson Theme Print

page 8

Consider hanging this print on the board to help those you are teaching stay focused and reflect upon the topic of the lesson.

Question / Introduction

page 9

1. Explain that this 2017 Easter season, the Church's "Prince of Peace" initiative invites the world to find the inner peace that comes from the life and teachings of the Savior Jesus Christ.

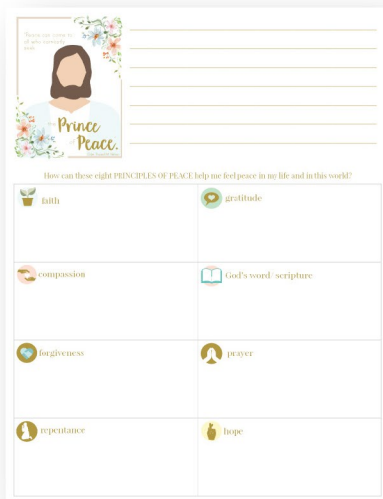
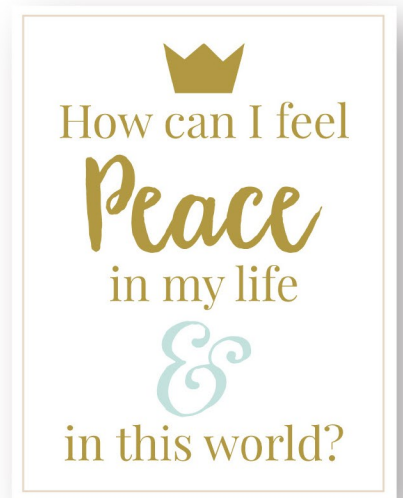
Appropriately timed to coincide with Holy Week—from Palm Sunday to Easter Sunday, April 9–16—the purpose of the "Prince of Peace" initiative is threefold:

- Invite all to come unto Christ.
- Learn principles of peace from the Prince of Peace (Isaiah 9:6).
- Share ways to find peace through the Savior.

2. Explain that as part of the "Prince of Peace" initiative, the Church introduced 8 principles of peace, which are 8 principles that help us feel peace in our lives and in this world.

3. Ask those you are teaching to ponder the things that bring them peace in their lives. Ask them to take 30 seconds or so and make a mental note of those principles that bring them peace.

4. Ask them to share and write their answers on the board.



Note Page

page 10

1. Give this note page to each person.
2. Point out the 8 principles of peace on the paper and compare them to some of the things written on the board. You may want to emphasize that many things can bring us peace. These 8 principles are what the Church wanted to spread to the world during this Easter initiative.
3. Consider giving them 4 minutes to go through each principle and write why that principle might help them feel peace.

The Prince of Peace.

page 11



faith



compassion



) forgiveness



repentance



gratitude



God's word/
scripture



prayer



hope

pages 12-13

1. Hang the 8 principles of peace on the board.
2. Go through each principle of peace. Before each principle you may want to survey the class before you start teaching about that principle and ask them why they think their principle was chosen as one of the 8 principles of peace.
3. Use the following space on this and the next pages to help plan how to teach about each principle of peace.



faith

Possible Teaching Ideas & Discussion Questions:

- Ask them what faith is. (Faith is to hope for things which are not seen, but which are true, and must be centered in Jesus Christ in order to produce salvation. To have faith is to have confidence in something or someone.)
- Why may people with greater faith feel more peace in their lives?
- Why may people with greater faith feel more peace in this world?
- Why may people with little or no faith feel more turbulence?
- How can you grow in faith so you can feel greater peace?
- When has faith helped you feel peace during a difficult time or circumstance?



- Ask them what compassion is. (Compassion is a feeling of deep sympathy and sorrow for someone who is stricken by misfortune. Compassion is accompanied by the desire to help alleviate the suffering and misfortune.)
- Why do you think compassion is one of the principles of peace?
- How was Christ an example of one who brought peace through His compassion for others?
- When has someone had compassion for you and acted in a way that brought you peace?
- When have you had compassion for someone and brought them peace?
- Share President Spencer W. Kimball's quote:
"God does notice us, and he watches over us. But it is usually through another person that he meets our needs."

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins or other markings on the paper.

- Ask them what forgiveness is. (To forgive is a divine attribute. It is to pardon or excuse someone from blame for an offense or misdeed. The scriptures refer to forgiveness in two ways. The Lord commands us to repent of our sins and seek His forgiveness. He also commands us to forgive those who offend or hurt us.)
- Discuss why forgiveness is a principle of peace.
- Why might those who refuse to forgive others lack peace in their lives?
- How might refusing to forgive others make it hard for those you refuse to forgive to feel peace themselves?
- Why might refusing to forgive yourself keep you from experiencing peace?
- Why does the Lord command us to forgive one another? (D&C 64:10)
- Share this quote: *"There is no peace in harboring old grudges. There is no peace in reflecting on the pain of old wounds. There is peace only in repentance and forgiveness. This is the sweet peace of the Christ, who said, "Blessed are the peacemakers; for they shall be called the children of God"* (Matt. 5:9).
- President Gordon B. Hinckley

[illegible]



Possible Teaching Ideas & Discussion Questions:

- Ask them why repentance is a principle of peace.
- Who are examples in the scriptures of people who gained peace because of the gift of repentance?
- Share this quote by President Boyd K. Packer: *"I readily confess that I would find no peace, neither happiness nor safety, in a world without repentance. I do not know what I should do if there were no way for me to erase my mistakes. The agony would be more than I could bear."*
- President Packer was an apostle who lived righteously. What do you think he understood about repentance that we can learn from him?
- How can you use repentance more in your daily life? How will that bring you greater peace?
- Young Women: What will happen to you over the next year if you apply the principle of daily repentance to your life? If you try to correct even the little things?
- Mothers: Why is it important for you to model this to your children?

[illegible]

Possible Teaching Ideas & Discussion Questions:

- Why do you think gratitude is a principle of peace?
- Who is someone you know that has a grateful heart? How does that bring him/her peace?
- How can having a grateful heart help you have peace, even in difficult circumstances?
- What insights does this quote from Sister Bonnie D. Parkin give you? *"The kind of gratitude that receives even tribulations with thanksgiving requires a broken heart and a contrite spirit, humility to accept that which we cannot change, willingness to turn everything over to the Lord—even when we do not understand, thankfulness for hidden opportunities yet to be revealed. Then comes a sense of peace."*
- How can being grateful help others around you feel peace?
- How can one cultivate a grateful heart?

[illegible]

God's word/ scripture

- Ask them why God's word / scripture is a principle of peace.
- How can studying the scriptures every day bring peace into your life?
- How can knowing what the scriptures teach bring you peace in this troubled world?
- What do you learn from this quote by Elder Richard G. Scott?

Don't yield to Satan's lie that you don't have time to study the scriptures. Choose to take time to study them. Feasting on the word of God each day is more important than sleep, school, work, television shows, video games, or social media. You may need to reorganize your priorities to provide time for the study of the word of God. If so, do it!

There are many prophetic promises of the blessings of daily studying the scriptures.

I add my voice with this promise: as you dedicate time every day, personally and with your family, to the study of God's word, peace will prevail in your life. That peace won't come from the outside world. It will come from within your home, from within your family, from within your own heart. It will be a gift of the Spirit. It will radiate out from you to influence others in the world around you. You will be doing something very significant to add to the cumulative peace in the world.

prayer

- Why is prayer one of the principles of peace?
- When has prayer brought you peace in your life?
- How can prayer help you find peace in a world that constantly calls evil good and good evil?
- Why is prayer vital for youth who have to constantly battle peer pressure and worldly philosophies?
- How can prayer help you find peace when you are facing difficult or important decisions in your life?
- How is Joseph Smith an example of gaining peace through prayer when his soul was wrenched as he sought answers?
- Why is it important for mothers and fathers to model the power of prayer and the peace that can come from prayer?



hope

- Why do you think hope is a principle of peace?
- What do you need to have hope in, or for, in order to feel spiritual peace?
- How does this definition for hope from lds.org help you understand hope better? *"Hope is the confident expectation of and longing for the promised blessings of righteousness. The scriptures often speak of hope as anticipation of eternal life through faith in Jesus Christ."*
- Who is someone you know that has hope like in the definition above? How have you observed peace in his/her life?
- Who is someone in the scriptures who achieved peace through hope, even while going through something difficult?
- When is a time that hope helped you through a trial in your life?
- What does this quote by Elder Holland teach you about hope?

"Above all, never lose faith in your Father in Heaven, who loves you more than you can comprehend. As President Monson said to the Relief Society sisters so movingly last Saturday evening: "That love never changes. ... It is there for you when you are sad or happy, discouraged or hopeful. God's love is there for you whether or not you feel you deserve [it]. It is simply always there." Never, ever doubt that, and never harden your heart. ... Believe in miracles. I have seen so many of them come when every other indication would say that hope was lost. Hope is never lost. If those miracles do not come soon or fully or seemingly at all, remember the Savior's own anguished example: if the bitter cup does not pass, drink it and be strong, trusting in happier days ahead."

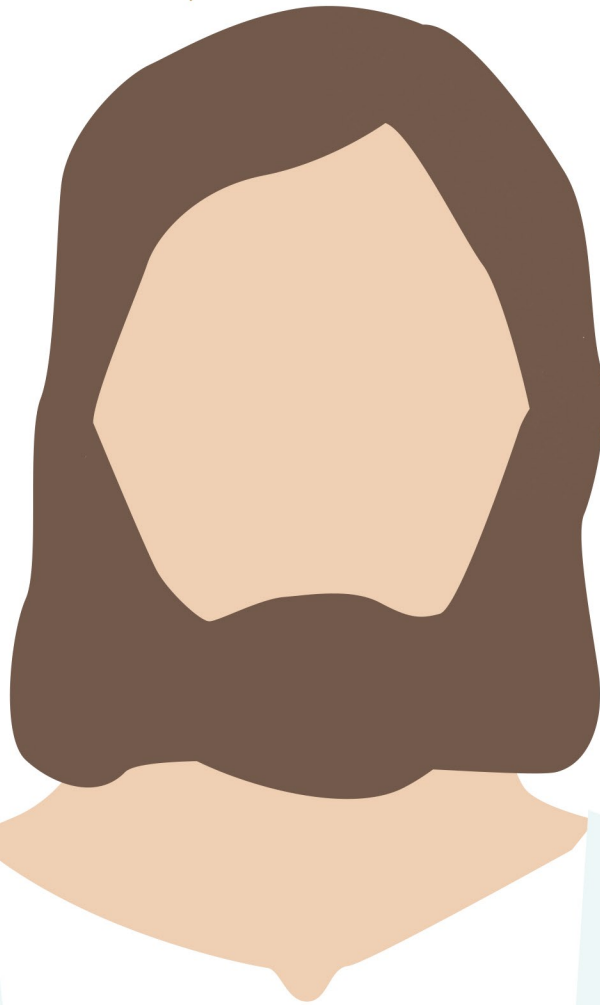
TIP:

* After you have planned your lesson, consider each individual in your class and which principles of peace might help them the most at this point in their lives. Go through your lesson again and highlight, adapt, add to, or change as you feel will help the individuals the most.

More lesson helps:

If you found this lesson kit useful, please see all of our Young Women, Sunday School, and Primary lesson helps at: www.theredheadedhostess.com.

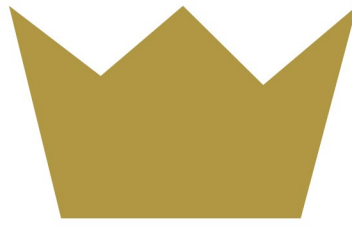
"Peace can come to
all who earnestly
seek



the Prince
of Peace."

Elder Russell M. Nelson





How can I feel

Peace









in my life



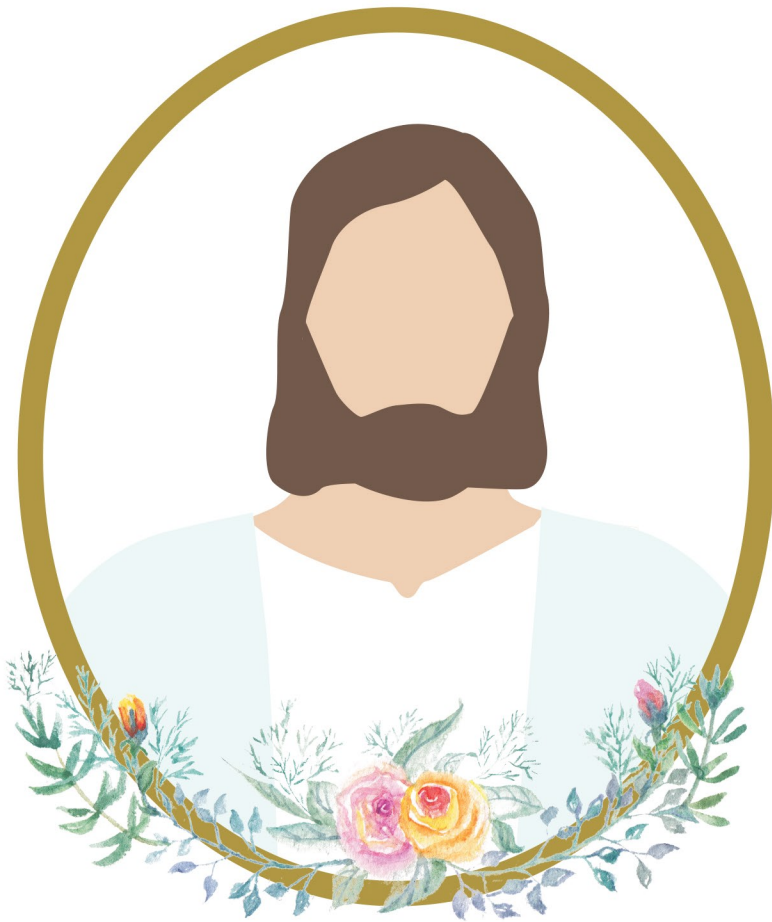
in this world?



How can these eight PRINCIPLES OF PEACE help me feel peace in my life and in this world?

 <p>faith</p>	 <p>gratitude</p>
 <p>compassion</p>	 <p>God's word/ scripture</p>
 <p>forgiveness</p>	 <p>prayer</p>
 <p>repentance</p>	 <p>hope</p>

And his name shall be called



WONDERFUL,
COUNSELLOR,
THE MIGHTY GOD,
THE EVERLASTING FATHER,


The Prince of Peace.

Isaiah 9:6



faith



compassion



forgiveness



repentance



gratitude



God's word/
scripture



prayer



hope