

# Scripture Journals

## SET -UP INSTRUCTIONS

- Step #1.....** NUMBER all of your pages on the front and back of each page
- Step #2.....** Write the total number of pages in your journal here \_\_\_\_\_
- Step #3.....** Write "*Table of Contents*" on the top of the first 2 pages
- Step #4.....** Write out **half of the Topics** below on one page of the "Table of Contents" and **the other half** on the second page. Figure out how many columns you need to fit on each page in order to write them all in. Leave the numbers past 85 blank so you can fill them in with topics later.
- Step #5.....** Write the Topics of each page on the top of its assigned page. For example, on page 7 you would write APOSTASY on the top.
- Step #6.....** In the front and/or back cover of your journal write the following quotes to remind you how important keeping a scripture journal is:

❖ **ELDER RICHARD G. SCOTT**

"We often leave the most precious personal direction of the Spirit unheard **because we do not record and respond** to the first promptings that come to us when the Lord chooses to direct us." (Ensign, August 1998, p.11)

❖ **PRESIDENT SPENCER W. KIMBALL**

"**Get a notebook**, my young folks, a journal that will last through all time, and maybe the angels may quote from it for eternity." (Teachings, p.35)

❖ **ELDER GENE R. COOK**

"I've found, as I'm sure you have, that when you're trying to learn from the Lord and you feel an impression from the Spirit...Its important to **make a note so it will not be forgotten**. The more you not only hear but abide by what you've been told, the more the Lord will give to you. It will come more and more rapidly and you will begin to hear and feel those impressions of the Spirit more quickly than you have previously done." (Address to Religious Educators, 1 September 1989)

❖ **ELDER NEAL A. MAXWELL**

"The prompting that goes unresponded to may not be repeated. **Writing down what we have been prompted with is vital**. A special thought can be lost later in the day through the rough and tumble of life. God should not, and may not, choose to repeat the prompting if we assign what is given such a low priority as to put it aside." (Press Forward, p.122)

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|--|------------------------------------|--|
| 1. Table of Contents                         | 30. Family History                 | 60. Plan of Salvation  |
| 2. Table of Contents                         | 31. First Vision                   | 61. Prayer   |
| 3. Can You Imagine? 2009-2010 Seminary Theme | 32. Forgiveness                    | 62. Premortal Life   |
| 4. Adversity                                 | 33. Friends                        | 63. Priesthood   |
| 5. Agency and Accountability                 | 34. Godhead                        | 64. Prophets   |
| 6. Apostasy                                  | 35. Good Works                     | 65. Repentance   |
| 7. Atonement                                 | 36. Gratitude                      | 66. Resurrection   |
| 8. Baptism                                   | 37. Heavenly Father                | 67. Restoration of the Gospel  |
| 9. Book of Mormon                            | 38. Holy Ghost                     | 68. Revelation   |
| 10. Bible                                    | 39. Home                           | 69. Sabbath Day  |
| 11. Charity                                  | 40. Honesty                        | 70. Sacrament  |
| 12. Child of God                             | 41. Humility                       | 71. Satan  |
| 13. Choice and Accountability                | 42. Individual Worth               | 72. Scripture Study  |
| 14. Christmas                                | 43. Integrity                      | 73. Second Coming  |
| 15. Commandments                             | 44. Israel                         | 74. Service  |
| 16. Courage                                  | 45. Jesus Christ                   | 75. Sexual Purity  |
| 17. Creation                                 | 46. Joseph Smith                   | 76. Sin/Disobedience   |
| 18. Dating                                   | 47. Knowledge                      | 77. Standards  |
| 19. Dispensation                             | 48. Language                       | 78. Teaching   |
| 20. Divine Nature                            | 49. Learning                       | 79. Temples  |
| 21. Doctrines and Principles                 | 50. Life After Death               | 80. Temple Work  |
| 22. Dress and Appearance/Modesty             | 51. Marriage                       | 81. Temptation   |
| 23. Easter                                   | 52. Missionary Work                | 82. Testimony  |
| 24. Education                                | 53. Mortal Life                    | 83. Tithing  |
| 25. Entertainment and the Media              | 54. Motherhood                     | 84. Truth  |
| 26. Example                                  | 55. Music and Dancing              | 85. Virtue   |
| 27. Faith                                    | 56. Obedience                      | 86. ....(fill you have enough #'s for your your entire journal – and leave blank)) |
| 28. The Fall                                 | 57. Ordinances and Covenants       |  |
| 29. Family                                   | 58. Patriarchal Blessings          |  |
|  | 59. Physical Health/Word of Wisdom |  |

After you fill up a page, just start another page on that same topic and put "continued on page..." at the top of the filled up page