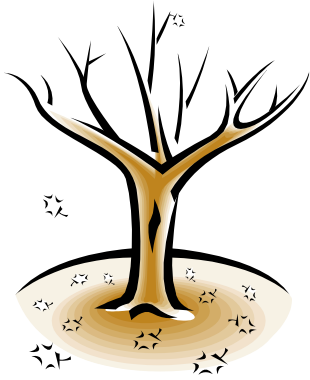


“The Lord wants you to have a spirit of gratitude in all you do and say. Live with a spirit of thanksgiving and you will have greater happiness and satisfaction in life.”



For the Strength of Youth, page 6

"Even in your most difficult times, you can find much to be grateful for. Doing so will strengthen and bless you."



For the Strength of Youth, page 6

"In your prayers before you
ask for blessings pour out your
heart to God in thanks for the
blessing you have already
received."



For the Strength of Youth 6

"You can... express
gratitude to the
Lord by the way you
live."



For the Strength of Youth, page 6

"Express appreciation to
everyone who helps you
in any way."



for the Strength of Youth, page 6

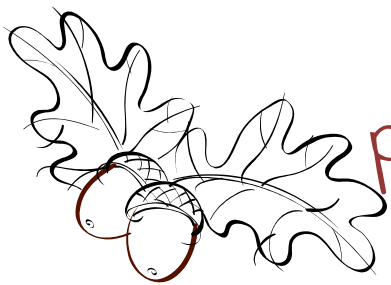
"Great men have always recognized the greatness of God and their dependence upon Him, and they have with regularity rendered to him gratitude and thanksgiving."



President Marion G. Romney

Ensign, November 1982, p.50

"Gratitude creates the most wonderful feeling. It can resolve disputes. It can strengthen friendships, And it makes us better men and women."



President Gordon B. Hinckley

"We must caution not to be drawn into the growing populous of ungrateful people who have been calloused to blessings as they bicker in misery."



Elder Gordon. T. Watts