

#LIGHTtheWORLD Mini Journals

M E R R Y C H R I S T M A S



LOVE - THE RED HEADED HOSTESS

www.theredheadedhostess.com



INTERIOR



1. PRINT



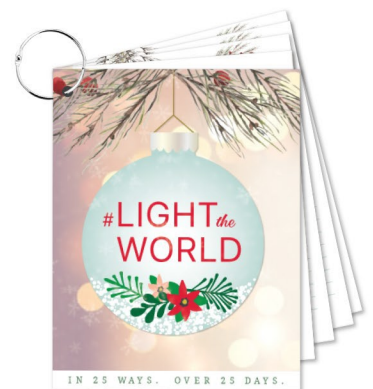
2. CUT



3. PUNCH HOLES



4. ATTACH WITH BOOK RING

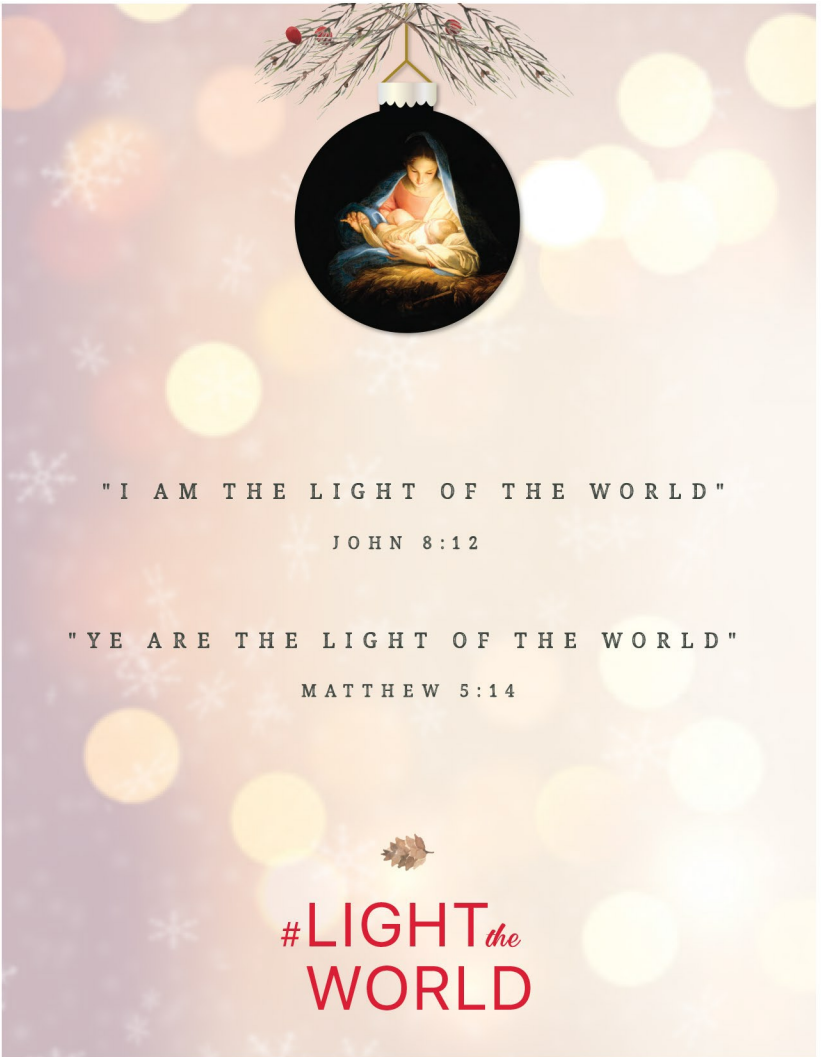




IN 25 WAYS. OVER 25 DAYS.



IN 25 WAYS. OVER 25 DAYS.



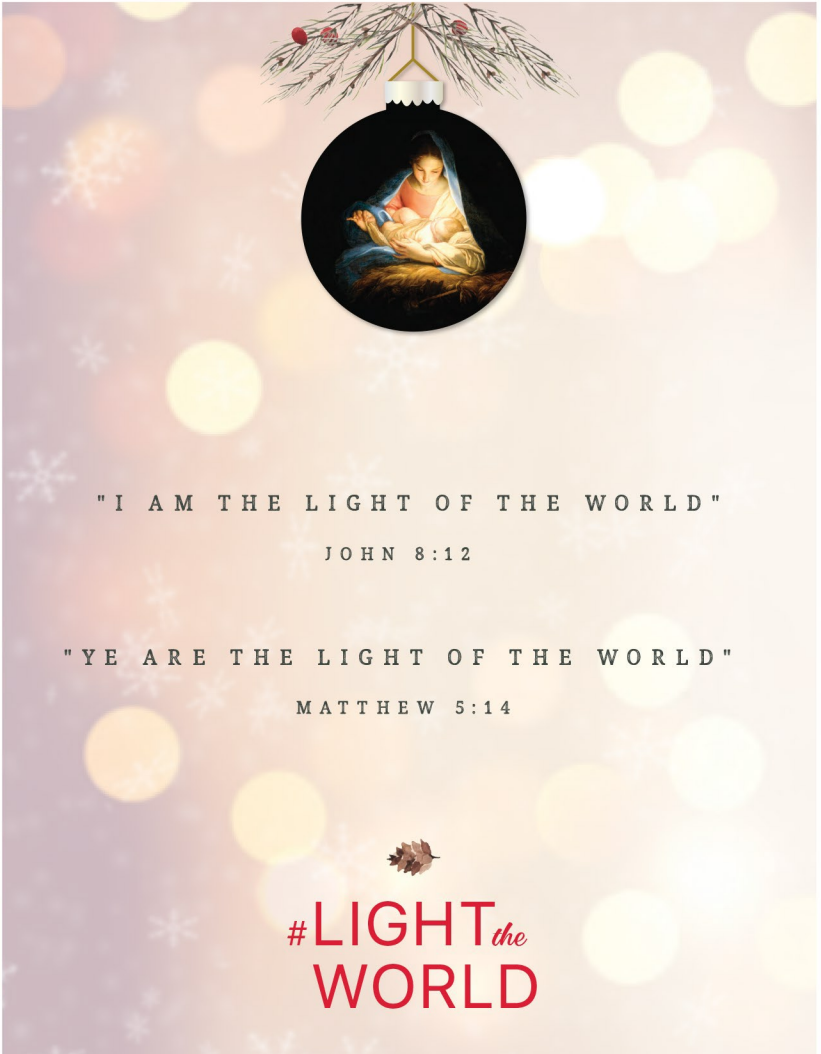
"I AM THE LIGHT OF THE WORLD"

JOHN 8:12

"YE ARE THE LIGHT OF THE WORLD"

MATTHEW 5:14

#LIGHT *the*
WORLD



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IN 25 WAYS. OVER 25 DAYS.

During Christmas, we are reminded that Jesus Christ is the Light of the World.

This year you can share that light by resolving to do the things Jesus Christ did.

Every day leading up to Christmas, focus on a different Christ-like behavior and choose one way you can emulate His example. Record what you did on each day.

You can share your experience on social media and giving it the hashtag:

#LIGHT^{the}
WORLD



the Red Headed Hostess

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DAY 2

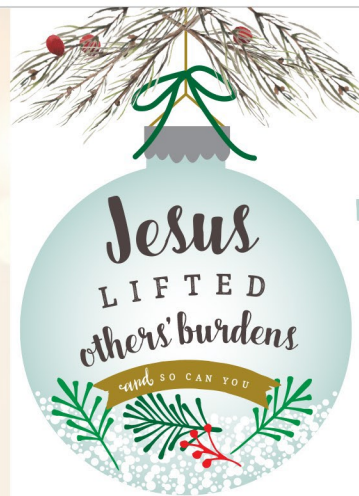
JESUS HONORED HIS PARENTS
AND SO CAN YOU

Ideas

- Call (not text) your parents.
- Write a handwritten note to your parents or in-laws.
- Learn about an ancestor and share their story. For help, try FamilySearch.org.
- Make a list of things you can do to honor your parents and choose one to do today.

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IN 25 WAYS. OVER 25 DAYS.



DAY 1

JESUS LIFTED OTHERS' BURDENS
AND SO CAN YOU

Ideas

- Help a family member with their chores.
- Clear someone's driveway of snow.
- Visit the elderly or sick.
- Help a sibling with their homework.
- Do something to bring cheer to someone who is going through a difficult time.

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DAY 3

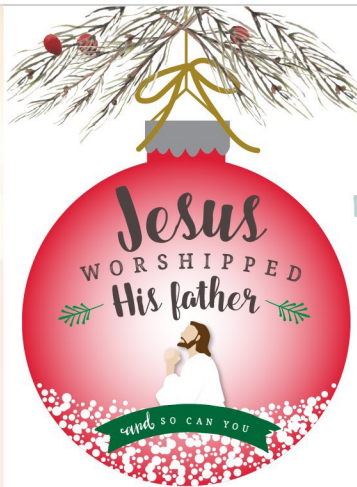
JESUS HELPED OTHERS TO SEE
AND SO CAN YOU

Ideas

- Find an eyeglasses' collection box and donate an old pair.
- Point out a virtue in someone they don't see in themselves.
- Promote a vision charity on social media. You could even use the eyeglasses emoji.
- Identify a friend who may need to be reminded of their self-worth. Reach out to them in a way that will assist them in realizing their value.

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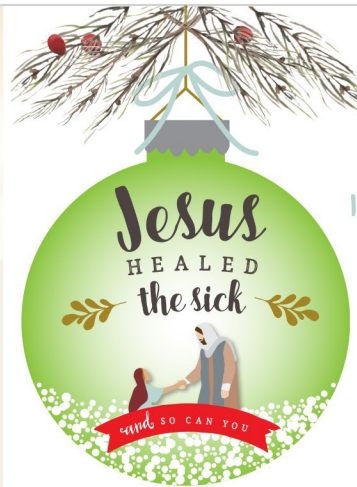
DAY 4

JESUS WORSHIPPED HIS FATHER
AND SO CAN YOU

Ideas

- Attend a church service in your area.
- Make a goal to offer a kneeling prayer to Heavenly Father every day in December.
- Help clean up or maintain a church building.

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WORLD IN 25 WAYS. OVER 25 DAYS.



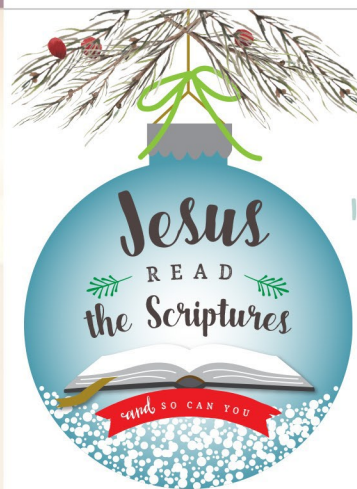
DAY 5

JESUS HEALED THE SICK
AND SO CAN YOU

Ideas

- Sign up to be an organ donor.
- Give blood at your local blood bank.
- Resolve to pray daily for your loved ones who are sick or suffering.
- Offer assistance to someone who is sick or suffering.

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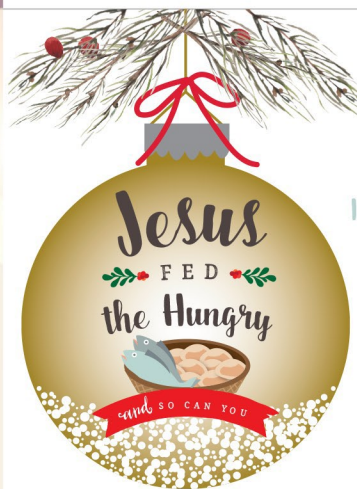
DAY 6

JESUS READ THE SCRIPTURES
AND SO CAN YOU

Ideas

- Set your alarm 15 minutes early for scripture study.
- Post your favorite scripture on social media.
- Text a scripture to someone who may need a boost.
- Read the scriptures with your family.

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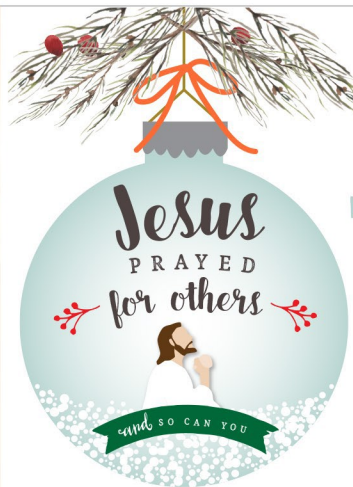
DAY 7

JESUS FED THE HUNGRY
AND SO CAN YOU

Ideas

- Donate non-perishable items to a local food bank.
- Invite a neighbor on a tight budget to dinner.
- Learn about satisfying spiritual hunger (start with John 6:35).
- Take dinner to someone in need.

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DAY 8

JESUS PRAYED FOR OTHERS
AND SO CAN YOU

Ideas

- Think about a friend that's going through some rough challenges. Say a prayer for them.
- Ask God how you can be an answer to someone else's prayer.
- When was the last time you prayed with your family? How about right now?

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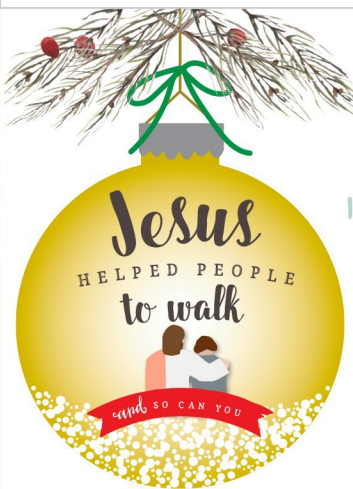
DAY 9

JESUS VISITED THE LONELY
AND SO CAN YOU

Ideas

- Visit a nursing home. Studies show 60% never get visitors during their stay.
- Invite a widow or widower to dinner.
- Identify someone that will be alone for Christmas and invite them to attend a church service with you on Christmas Day.
- Identify someone who is lonely and reach out to them in a meaningful way.

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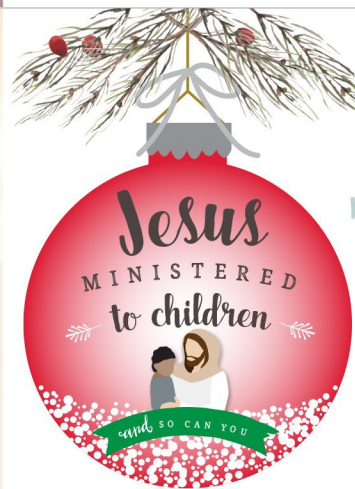
DAY 10

JESUS HELPED PEOPLE TO WALK
AND SO CAN YOU

Ideas

- Donate old crutches, wheelchairs, or walkers to a group that refurbishes them.
- Plan an activity for a handicapped friend that's catered to his/her capabilities.
- Offer to help an elderly person run errands or help them with household chores.

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DAY 11

JESUS MINISTERED TO CHILDREN
AND SO CAN YOU

Ideas

- Ask each child in your family what they think you should pray about as a family.
- As a Christmas gift, purchase a picture of Jesus Christ for your child's room. Teach your child of the Savior's love for them.
- Make plans to take each of your children on a 1-on-1 activity.
- Make a list of Gospel truths each child in your family still needs to learn about and pick some to focus on.

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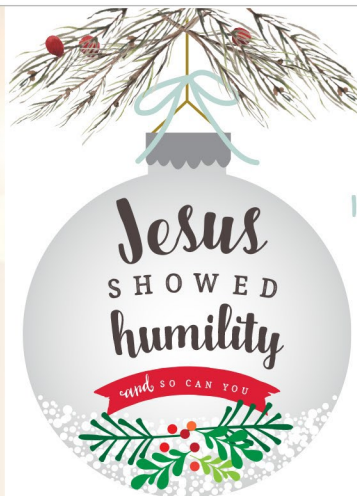
DAY 12

JESUS TAUGHT OTHERS
AND SO CAN YOU

Ideas

- Share your favorite teaching or story of Jesus on social media.
- Pass down something you learned from your parents or grandparents.
- Watch an online tutorial to learn a new skill that can benefit others.
- Study and then teach your family a story from the scriptures.

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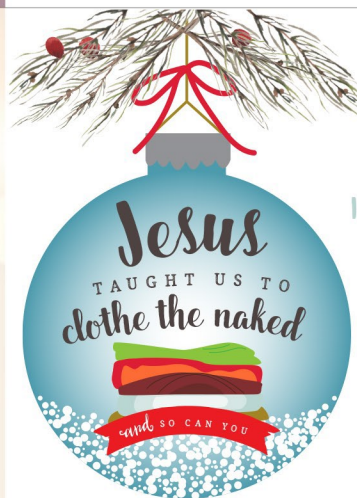
DAY 13

JESUS SHOWED HUMILITY
AND SO CAN YOU

Ideas

- Share an experience with loved ones about a time you had to rely on God's help.
- No matter your age, ask a parent how to deal with a current challenge in your life.
- Think of a time you were wrong about someone. Share it with a loved one.

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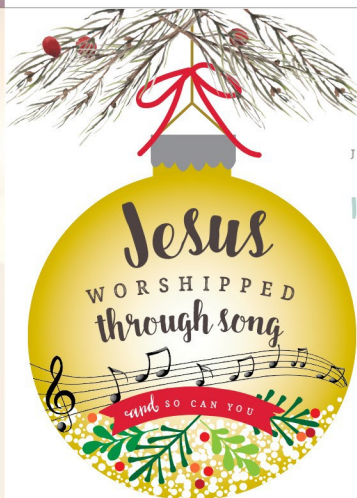
DAY 14

JESUS TAUGHT US TO CLOTHE
THE NAKED AND SO CAN YOU

Ideas

- Collect winter clothing (old or new) for your local homeless shelter.
- Learn about how we should love those in need from a wise king. (Mosiah 4:14-27)
- Recently bought some new clothes? Donate some old ones to a charity or thrift store.

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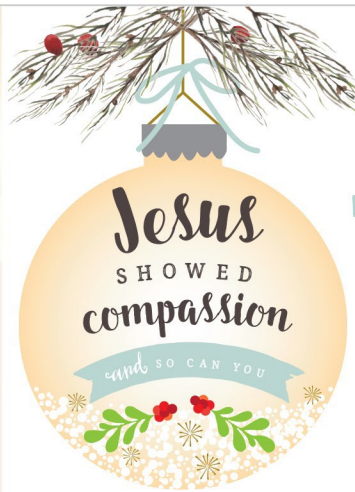
DAY 15

JESUS WORSHIPPED THROUGH SONG
AND SO CAN YOU

Ideas

- Invite a friend to attend a Christmas Day worship service to sing hymns and worship God.
- Share your favorite performance of a Christmas hymn on social media.
- Listen to Christmas hymns for an entire day.
- Share your favorite line or verse from a hymn on social media.
- As a family, take turns sharing your favorite line or verse from a hymn.

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DAY 16

JESUS SHOWED COMPASSION
AND SO CAN YOU

Ideas

- Participate in a local sub-for-Santa for a family that could use some holiday cheer.
- Try leaving only encouraging comments on social media.
- Pray for an opportunity today to show someone compassion.

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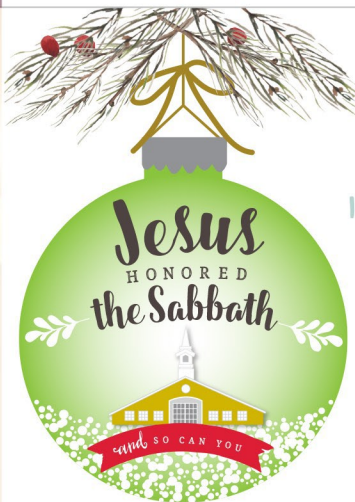
DAY 17

JESUS CARED FOR HIS MOTHER
AND SO CAN YOU

Ideas

- Call your mother right now.
- Make a list of all the things your mother has done for you. Send it to her.
- Identify a motherly figure in your life and take her flowers.

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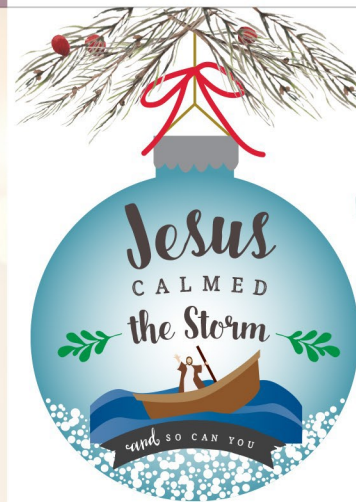
DAY 18

JESUS HONORED THE SABBATH
AND SO CAN YOU

Ideas

- Turn off your phone for a few hours today.
- Attend a religious service in your area.
- Visit a family member.
- Visit someone in need.
- Study your scriptures or work towards a spiritual goal.

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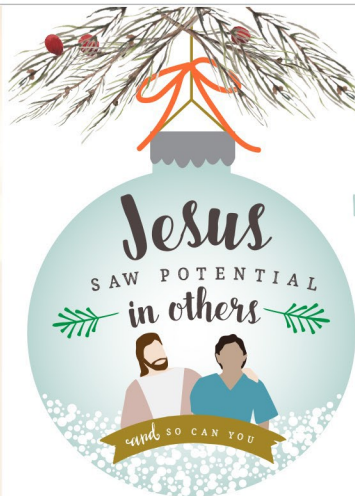
DAY 19

JESUS CALMED THE STORM
AND SO CAN YOU

Ideas

- Learn ways you can help people around the world through charitable giving.
- Review emergency response plans for your community.
- Give your family or loved ones the gift of a 72-hour kit for emergencies.
- Identify someone you know who is going through a difficult time. Serve them in a meaningful way.

#LIGHT^{the}WORLD IN 25 WAYS. OVER 25 DAYS.



DAY 20

JESUS SAW POTENTIAL IN OTHERS
AND SO CAN YOU

Ideas

- Be a mentor/tutor to someone.
- Take a child to work with you and let them do a small part of your job.
- Cheer someone on! Attend an event (athletic, cultural, etc.) to support someone you know.
- Write a note to someone sharing the gifts and talents you see in them.

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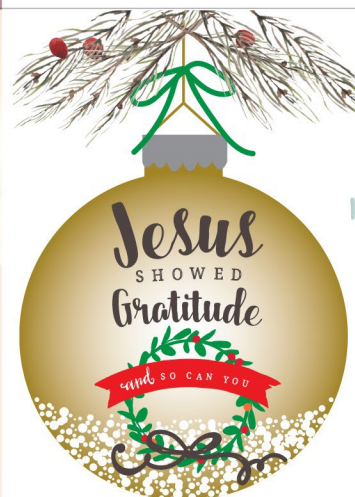
DAY 21

JESUS FORGAVE OTHERS
AND SO CAN YOU

Ideas

- Is there a family member you haven't talked to lately? Call them.
- Make a list of your grudges. Then make plans to let them go.
- Be kind instead of right for an entire day.

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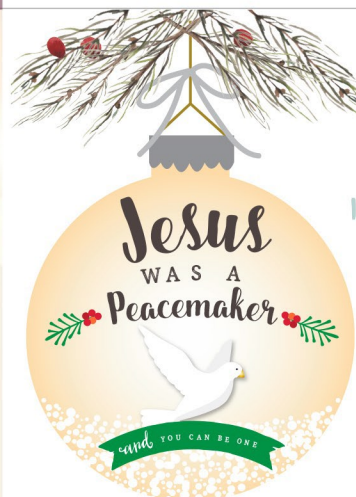
DAY 22

JESUS SHOWED GRATITUDE
AND SO CAN YOU

Ideas

- Give a simple gift to your mail carrier to raise spirits during their busiest season.
- Offer a prayer of pure gratitude. No requests. Just thanks.
- Write a thank you letter to someone who has positively impacted your life.

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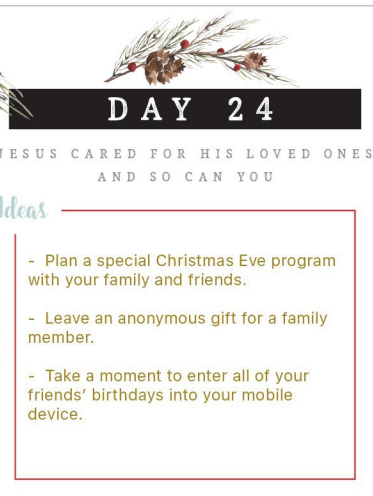
DAY 23

JESUS WAS A PEACEMAKER
AND YOU CAN BE ONE

Ideas


- Do you owe anyone an apology? Resolve to take action.
- Make a donation to help refugees from war-torn regions.
- Say nice things behind people's backs today.

#LIGHT ^{the} WORLD IN 25 WAYS. OVER 25 DAYS.



JESUS CARED FOR HIS LOVED ONES
AND SO CAN YOU

- Plan a special Christmas Eve program with your family and friends.
- Leave an anonymous gift for a family member.
- Take a moment to enter all of your friends' birthdays into your mobile device.

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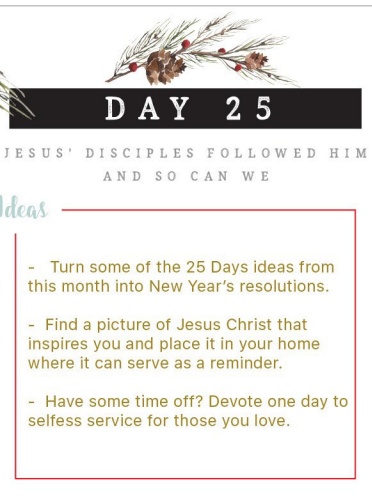
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#LIGHT^{the}WORLD IN 25 WAYS. OVER 25 DAYS.



JESUS' DISCIPLES FOLLOWED HIM
AND SO CAN WE

- Turn some of the 25 Days ideas from this month into New Year's resolutions.
- Find a picture of Jesus Christ that inspires you and place it in your home where it can serve as a reminder.
- Have some time off? Devote one day to selfless service for those you love.

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